

Health History Continued Page Two	NAME:
MEDICATIONS List current medications with the dosage	ALLERGIES To medications or substances

FAMILY HISTORY Fill in health information about your family.

Relation	Age	State of Health	Age at Death	Cause of Death	Check if your first line relatives have had any of the following:	
					Disease	Relationship to you
Mother					Arthritis, Gout	
Father					Asthma, Hay Fever	
Brothers					Cancer	
					Chemical Dependency	
					Diabetes	
					Heart Disease	
Sisters					High Blood Pressure	
					Kidney Disease	
					Stroke	
					Tuberculosis	
					Other	

HOSPITALIZATIONS: Medical		Reason for Hospitalization and Outcome		PREGNANCY HISTORY		
Year				Year of Birth	Sex of Birth	Complications, if any

HOSPITALIZATIONS: Surgical	Type of Surgery	Outcome
Year		

SERIOUS ILLNESSES	Date	Outcome

HEALTH HABITS Check which substances you use and describe how much you use each week.	OCCUPATIONAL CONCERNS Check if your work exposes you to the following:																												
<table border="1"> <tr> <td>YES</td> <td>NO</td> <td>Alcohol</td> <td></td> </tr> <tr> <td>YES</td> <td>NO</td> <td>Caffeine</td> <td></td> </tr> <tr> <td>YES</td> <td>NO</td> <td>Drugs</td> <td></td> </tr> <tr> <td>YES</td> <td>NO</td> <td>Tobacco</td> <td></td> </tr> <tr> <td>YES</td> <td>NO</td> <td>Other</td> <td></td> </tr> </table>	YES	NO	Alcohol		YES	NO	Caffeine		YES	NO	Drugs		YES	NO	Tobacco		YES	NO	Other		<table border="1"> <tr> <td></td> <td>Stress</td> </tr> <tr> <td></td> <td>Hazardous Substances</td> </tr> <tr> <td></td> <td>Heavy Lifting</td> </tr> <tr> <td></td> <td>Other</td> </tr> </table>		Stress		Hazardous Substances		Heavy Lifting		Other
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Have you ever had a blood transfusion? Yes or NO If yes, please give approximate dates: _____	Your occupation:																												